



COVID-19 RISK MITIGATION POLICY

1. PURPOSE

First Mining Gold Corp. (“**First Mining**” or the “**Company**”) is committed to health and safety at the Company’s workplaces, which include the Company’s head office and all of its mineral project sites in Canada. First Mining’s priority is the health, safety and well-being of its directors, officers, employees and consultants (each individually, a “**Company Person**”, and collectively, “**Company Personnel**”).

In this regard, the Company is adopting this COVID-19 Risk Mitigation Policy (the “**Policy**”) to help minimize the spread of COVID-19 (as defined in this Policy) by providing rules for Company Personnel in relation to working either at the Company’s head office or at any of the Company’s mineral project sites in Canada, in order to safeguard the health, safety and well-being of all Company Personnel when carrying out work activities for the Company.

The intent of this Policy is not to alarm Company Personnel or cause panic. This Policy has been adopted in order to ensure that the health, safety and well-being of all Company Personnel is at the forefront of all activities during the continued operation of our business. This Policy outlines various procedures and rules that **must** be followed by **ALL** Company Personnel in order to minimize their chances of contracting COVID-19 whilst working at the head office, travelling to a project site or working at a project site, and the symptoms to look out for to monitor your health.

First Mining also take its social responsibility very seriously and has put in place measures to reduce the potential spread of COVID-19 and other communicable diseases to community stakeholders, including Indigenous communities in the areas of the Company’s mineral projects in Canada.

2. SCOPE

This Policy applies to **ALL** Company Personnel. In addition, any service providers who attend the Company’s head office or any of its mineral projects in Canada are required to comply with the terms of this Policy.

3. BACKGROUND ON COVID-19

On December 31, 2019, cases of an undiagnosed viral pneumonia were reported by health authorities in Wuhan, China. The cause was confirmed to be a new coronavirus, known as the



2019 novel coronavirus (“**COVID-19**”), which had not previously been identified in humans. COVID-19 is a serious health threat that causes a respiratory infection, and it is a reportable disease in Canada. To learn more about COVID-19, go to:

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>

BC – <https://www.healthlinkbc.ca/health-feature/coronavirus-disease-covid-19>

Ontario – www.Ontario.ca/coronavirus

4. SYMPTOMS OF COVID-19

Symptoms of COVID-19 range from mild — like the flu and other common respiratory infections — to severe.

Common symptoms of COVID-19 include:

- Fever (temperature of 37.8°C or greater)
- New or worsening cough
- Shortness of breath (dyspnea) or difficulty breathing

Symptoms of coronavirus (Covid-19)

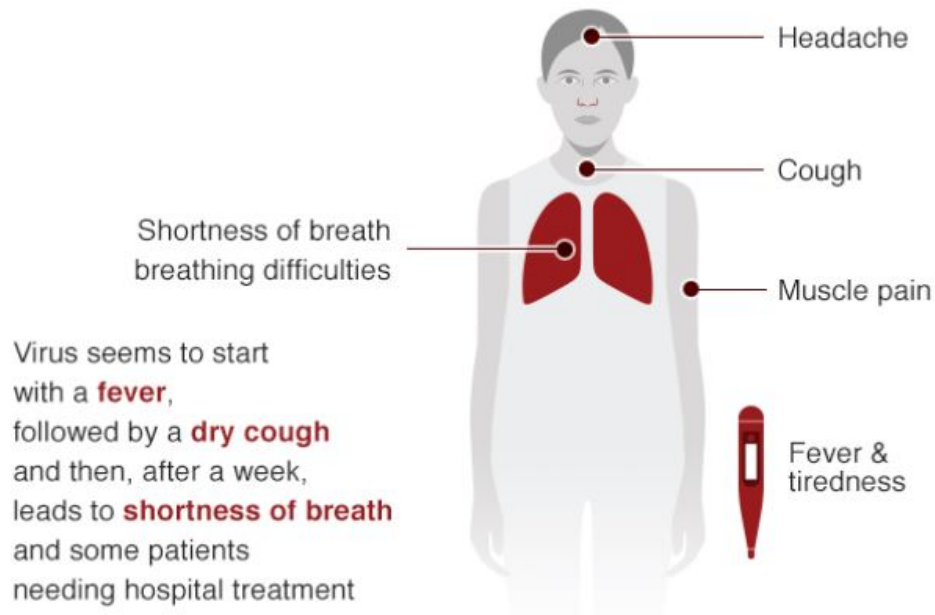


Figure 1: COVID-19 Symptoms. Source: WHO (World Health Organization)



Other symptoms of COVID-19 include:

- Sore throat
- Runny nose or sneezing
- Nasal congestion
- Muscle aches and fatigue
- Hoarse voice
- Difficulty swallowing
- New olfactory or taste disorder(s), such as a loss of taste or smell
- Loss of appetite
- Nausea/vomiting, diarrhea, abdominal pain

Other signs of COVID-19 can include clinical or radiological evidence of pneumonia. Some people are more vulnerable to developing severe illness or complications from COVID-19, including older people and those with chronic health conditions.

Complications from COVID-19 can include serious conditions, like pneumonia or kidney failure and, in some cases, death.

There is no specific treatment for COVID-19, and there is no vaccine that protects against the coronavirus that causes it. Most people who get COVID-19 will recover on their own. Typical treatment for common coronaviruses includes:

- Drinking plenty of fluids
- Getting as much rest and sleep as possible
- Using a humidifier or taking a hot shower to help with a sore throat or cough

5. HOW IS COVID-19 SPREAD?

COVID-19 is very contagious, and is spread from an infected person through:

- Respiratory droplets spread when a person coughs or sneezes
- Close personal contact such as touching or shaking hands
- Touching an object or surface with the virus on it, then touching your mouth, nose or eyes before washing your hands

In addition, asymptomatic individuals (i.e. individuals who have COVID-19 but do not show any symptoms) are just as contagious as those who do show symptoms of COVID-19.



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The information below is from the World Health Organization:

When someone who has COVID-19 coughs or exhales, they release droplets of infected fluid. Most of these droplets fall on nearby surfaces and objects, such as desks, tables or telephones. People could catch COVID-19 by touching contaminated surfaces or objects and then touching their eyes, nose, or mouth. If they are standing within one metre of a person with COVID-19, they can catch it by breathing in droplets coughed out or exhaled by that person.

In other words, COVID-19 spreads in a similar way to the flu. Most persons infected with COVID-19 experience mild symptoms and recover. However, people experience more serious illness and may require hospital care. Risk of serious illness rises with age: people over 40 seem to be more vulnerable than those under 40. People with weakened immune systems and people with conditions such as diabetes, heart disease and lung disease are also more vulnerable to serious illness.

6. EVERYDAY PRECAUTIONS FOR ALL COMPANY PERSONNEL

All Company Personnel (whether at the head office or a project site) **MUST** follow the steps below **every day** to reduce their exposure to COVID-19 and to protect their health:

- **STAY HOME IF YOU ARE SICK** – even if your symptoms appear to just be allergies, **you must stay home** and isolate yourself away from all Company Personnel.
- **Wash your hands regularly** with soap and warm running water for **at least 30 seconds** – if you do not have access to hand-washing facilities, use **alcohol-based hand sanitizer** that has at least 60% alcohol content.
- Practice **physical distancing** – whenever possible, stay **at least 2 metres (6 feet) apart** (“**Physical Distancing**”) from any Company Person.
- Sneeze and cough **into your sleeve**.
- **Avoid touching** your eyes, nose or mouth.
- **Avoid** shaking hands.
- **Avoid** contact with **people who are sick**, even if they only have a mild illness.
- Regularly **sanitize and disinfect** frequently touched surfaces.

Applying good hygiene practices and Physical Distancing measures will dramatically decrease the risk of Company Personnel contracting and spreading COVID-19. Company Personnel should be cautious and aware of the hygiene measures they are taking during the COVID-19 health emergency. As COVID-19 spreads through the release of droplets of infected fluid, the following hygiene practices shown in Figure 2 below **MUST be used by all Company Personnel regularly throughout each day:**



Wash hands frequently with soap and water or use a sanitiser gel



Catch coughs and sneezes with disposable tissues



Throw away used tissues (then wash hands)



If you don't have a tissue use your sleeve



Avoid touching your eyes, nose and mouth with unwashed hands



Avoid close contact with people who are unwell

Figure 2: Visual guide to simple protective protocols. Source: WHO/NHS UK

7. POSITIVE COVID-19 DIAGNOSIS

If any Company Person tests positive for COVID-19, the Company Person must:

- Immediately notify his/her manager or supervisor and leave the head office, or move to a Dedicated Isolation Area (in the case of a Company Person working at one of the Company's mineral projects) as soon as possible.



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- Provide evidence from his/her medical provider confirming the diagnosis of COVID-19.
- Provide evidence of a full medical clearance his/her medical provider prior to returning to the workplace.

If a family member of a Company Person or someone with whom the Company Person as had contact with within the past 14 days tests positive for COVID-19, the Company Person must:

- Immediately notify his/her manager or supervisor and leave the head office, or move to a Dedicated Isolation Area (in the case of a Company Person working at one of the Company's mineral projects) as soon as possible.
- Isolate at home for a period of 14 days and monitor for symptoms of COVID-19, reporting any symptoms to the local public health unit.

In the event a Company Person contracts COVID-19 whilst in isolation at home, the Company Person must provide evidence from his/her medical provider confirming the diagnosis of COVID-19, as well as evidence of a full medical clearance prior to returning to the workplace.

8. TRAVEL

Until further notice and to the extent possible:

- All non-essential business travel is suspended
- Any Company Person with current travel plans for annual leave is requested to reconsider the need to travel, and if travel plans are intended to be pursued, full details of such travel must be provided to First Mining's management.
- In the event elective overseas travel is pursued by any Company Person, 14 days of self-quarantine upon the Company Person returning to Canada is required pursuant to the Government of Canada's Emergency Order under the *Quarantine Act*. For further details about this requirement, and the penalties for breaching this law, go to: <https://www.canada.ca/en/public-health/news/2020/03/new-order-makes-self-isolation-mandatory-for-individuals-entering-canada.html>
- All Company Personnel must comply with the latest travel advisories issued by the Government of Canada, which may be found here: <https://travel.gc.ca/travelling/advisories>

If any Company Personnel must travel for work purposes at this time, such Company Personnel must refer to the pre-travel checklist set out in Schedule "A" to this Policy. If you have signs or symptoms consistent with COVID-19 upon your return to Canada, you will not be allowed to use public transportation to travel to the place where you will isolate. Refer to <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html#domestic> for details.



Flying Within Canada

As of March 30, 2020, all passengers flying in Canada will be subject to a health check prior to boarding. You will not be permitted to board if you:

- show any symptoms of COVID-19;
- have been refused boarding in the past 14 days due to a medical reason related to COVID-19; or
- are subject to a provincial or local public health order

This also applies to travelers arriving from **outside Canada**.

If you must fly within Canada for business purposes (this includes flights via seaplane or helicopter to and/or from any of the Company's project sites), you **must** comply with the rules and policies of the applicable air carrier with respect to COVID-19. In addition, all Company Personnel **MUST**:

- Demonstrate that they have a non-medical mask or face covering during the boarding process.
- Wear a non-medical mask or face covering for the duration of the flight.

The Company also recommends that all Company Personnel wear a non-medical mask or face covering whenever they are in an airport or any other location at which they will be boarding a plane, helicopter or other mode of flight transportation.

Flying Outside of Canada

Company Personnel should avoid flying outside of Canada for business purposes until the travel advisories issued by the Government of Canada have been relaxed below Level 3 (avoid non-essential travel). If any Company Person has no alternative but to travel outside of Canada for business purposes during a Level 3 travel advisory, the Company Person **MUST**:

- Comply with the rules and policies of the applicable air carrier with respect to COVID-19.
- Demonstrate that they have a non-medical mask or face covering during the boarding process.
- Wear a non-medical mask or face covering for the duration of the flight.
- Comply with the requirement of 14 days of self-quarantine upon returning to Canada pursuant to the Government of Canada's Emergency Order under the *Quarantine Act*.



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For further details about this requirement, and the penalties for breaching this law, go to:

<https://www.canada.ca/en/public-health/news/2020/03/new-order-makes-self-isolation-mandatory-for-individuals-entering-canada.html>

Driving within Canada

If any Company Person is required to drive within Canada in carrying out his/her duties for the Company, the Company Person must take precautions against COVID-19 and other respiratory illnesses, and must seek medical attention if he/she becomes sick.

During any road travel within Canada, Company Personnel **MUST**:

- Avoid large crowds or crowded areas.
- Avoid contact with sick people, especially if they have a cough, fever or difficulty breathing.
- Be aware of the local situation and follow local public health advice.
- Wash their hands often with soap under warm running water for at least 30 seconds.
- Use alcohol-based hand sanitizer if soap and water are not available and always keep some with you in your vehicle.
- Practice proper cough and sneeze etiquette (sneeze and cough ***into your sleeve***).

9. COMPANY EVENTS

All Company events, either onsite at the head office or at any of the Company's mineral projects, or offsite at a third party venue, shall be cancelled until further notice. As per the recommendations of the Government of Canada, all employees must adhere to the advice to implement Physical Distancing. The Company reinforces the government's message and strongly recommends and encourages Company Personnel to not socialize in groups outside of work that are larger than the number recommended by the Government of Canada.

10. INDIGENOUS COMMUNITIES

Most of the Company's mineral projects are located within the traditional territory of one or more Canadian Indigenous communities. Indigenous populations face heightened health risks due to lower health outcomes compared with non-Indigenous Canadians. First Nations, Métis, and Inuit populations disproportionately face health disparities linked to the social determinants of health (i.e. social, economic, cultural, political inequities). As such, all Company Personnel must respect any precautions being taken to avoid carrying COVID-19 into Indigenous communities.



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All possible steps and measures must be taken to ensure that Company Personnel keep all community stakeholders at these indigenous communities safe by minimizing the possible spread of COVID-19 to these communities. Therefore, until otherwise notified by the Company's management, all direct contact with members of any indigenous community in Canada is to be minimized, and all meetings with such communities shall be held virtually, **not** in person.

11. SPECIFIC RISK MITIGATION MEASURES

Head Office

In addition to following the steps listed under the heading "Everyday Precautions" in this Policy, all Company Personnel who work out of the Company's head office **must** adhere to the following risk mitigation measures:

- All Company Personnel must complete BC's self-assessment test each morning, prior to attending the head office, by going to the following website: <https://bc.thrive.health/>
- All Company Personnel **must** wash their hands in their respective washrooms on the 20th floor at the start of each day, immediately prior to entering the head office.
- The Company shall place signage on the door to its head office notifying visitors that they should not enter the premises if they have any symptoms of COVID-19 or have travelled outside of Canada within the past 14 days.
- The Company's Office Administrator **must** greet all persons who are not Company Personnel ("**External Parties**") at the door to the head office, and before allowing an External Party to enter the head office, the Office Administrator must: (i) take the temperature of the External Party by applying a laser forehead thermometer to the forehead of the External Party; and (ii) ask the External Party if he/she has had any fever or cough in the last 48 hours, or if he/she has travelled outside of Canada within the last 14 days – if the temperature reading of the External Party is 37.5°C or above, or if the answer to either of the aforementioned questions in (ii) is "YES", the Office Administrator must deny the External Party entry to the head office.
- Only five (5) Company Personnel are permitted to be physically present in the head office at any given time – all head office Company Personnel must rotate between working physically in the head office and working from home so that no more than five (5) Company Personnel are physical working in the head office on any given day, and all Company Personnel spend approximately half of their week working in the head office, and the other half working from home.
- Regularly sanitize your workstation or office (including door handles) using alcohol-based disinfectant spray or disinfectant wipes.



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- When going to a person's office, stand in the doorway of the office and do not enter the office.
- All meetings with External Parties must be held virtually by way of videoconference or teleconference – only in exceptional circumstances should any meetings with External Parties physically take place in the head office, provided that in such cases, the Company Person arranging the meeting must contact the External Party prior to his or her attendance at the head office and ask the External Party if he/she has had any fever or cough in the last 48 hours, or if he/she has travelled outside of Canada within the last 14 days (if the answer to either of these questions is "YES", the meeting CANNOT take place physically in the head office, and must be held virtually (via videoconference or teleconference), or postponed for at least 14 days).
- No more than three people shall be allowed to be in the boardroom at the head office at any given time, and the boardroom must be sanitized using alcohol-based disinfectant spray or disinfectant wipes before and after its use.
- All Company Personnel should wear a cloth face mask (or ideally a surgical face mask, if available) whilst working in the head office.
- If any person working in the head office starts experiencing symptoms of **any illness whatsoever** whilst at the office, the person must immediately notify the Office Administrator, and **all Company Personnel must immediately leave the office** and return home, and remain in self-isolation for 14 days, monitoring for symptoms and taking BC's self-assessment test by going to this website: <https://bc.thrive.health/>

Project Sites

The following individuals shall be responsible for implementing, and ensuring compliance with, this Policy at each of the Company's mineral projects in Canada, and for the purposes of this Policy, each individual below shall be defined as a "**COVID-19 Health & Safety Leader**":

- Springpole – Shelley Frost
- Goldlund – Miro Mytny
- Cameron – Laird Tomalty
- Pickle Crow – Laird Tomalty
- Hope Brook – Roland Wheeler

Each COVID-19 Health & Safety Leader shall report to Kenneth Engquist, the Company's Chief Operating Officer, with respect to this Policy.

Responsibilities of COVID-19 Health & Safety Leaders

Each COVID-19 Health & Safety Leader shall ensure that the project site for which they are responsible maintains the following equipment and supplies:



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1. At least one (1) infrared forehead thermometer and a sufficient supply of replacement batteries.
2. At least one (1) pulse oximeter.
3. A sufficient supply of:
 - (a) alcohol-based hand sanitizer with at least 60% alcohol content;
 - (b) alcohol-based disinfectant spray (eg. Lysol spray) or disinfectant wipes (eg. Lysol wipes);
 - (c) paper towels;
 - (d) non-medical face masks and face shields/goggles; and
 - (e) disposable rubber gloves.
4. Designated hand-washing stations at the project site with soap and running water, and that have a poster above the station regarding hand-washing.
5. Signage relating to COVID-19 at the project site.
6. At least one (1) designated area at the project site, separate from all other areas, that can be used to isolate any Company Person who develops symptoms of COVID-19 whilst at the project.
7. A sufficient supply of test kits for COVID-19 (*only if available*).
8. At least one (1) operational satellite radio.
9. A sufficient supply of Tylenol.
10. A sufficient supply of plastic utensils and paper plates.
11. A sufficient supply of sturdy leak resistant garbage bags.

Each COVID-19 Health & Safety Leader shall also ensure that:

1. All kitchens, offices, core shacks, living quarters, communal washrooms and showers and other common areas and all high-touch surfaces (such as door handles, light switches, handrails etc.) and equipment at each project site are **regularly sanitized and disinfected as much as possible each day**.
2. A waste removal schedule is created and that disposable gloves are used by all Project Site Visitors when removing waste from accommodations on site and from any common areas.
3. A buffet-style serving system is **not** used during mealtimes – instead, kitchen staff shall plate and deliver meals to each person during mealtimes.
4. An isolation area is set up consisting of at one or more separate areas that are each behind a closed door (a “**Dedicated Isolation Area**”) that can be used to isolate any Suspected COVID-19 Patients (as defined in this Policy).
5. All Project Site Visitors (as defined below) must complete a COVID-19 self-assessment at <https://covid-19.ontario.ca/self-assessment>, and have their **temperature checked and recorded on a twice daily basis**, at the start and end of **each** shift. During these daily temperature checks, if any Project Site Visitor’s temperature is 37.5°C or above,



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the COVID-19 Health & Safety Leader must ensure that the Project Site Visitor is **immediately** isolated at the project site in accordance with the procedures set out in this Policy under “Procedures for Managing Individuals with Suspected COVID-19 Infections at a Project Site”.

6. All Project Site Visitors who display any symptoms of COVID-19 are immediately isolated at the project site in accordance with the procedures set out in this Policy under “Procedures for Managing Individuals with Suspected COVID-19 Infections at a Project Site” and are provided the opportunity to complete an online self-screening test at the commencement of their isolation – the test may be accessed at: <https://covid-19.ontario.ca/self-assessment>
7. The living quarters of Suspected COVID-19 Patients are thoroughly cleaned and disinfected, and the linens used by such a person are thoroughly washed and disinfected.
8. All Project Site Visitors practice Physical Distancing at all times whilst on the project site, and that all Project Site Visitors wear cloth face masks (or ideally a surgical face mask, if available) and disposable or rubber gloves at all times whilst on the project site.
9. Mealtimes and breaks are staggered such that no more than five (5) Project Site Visitors (excluding kitchen staff) are in the kitchen at the project site at any given time – if possible, set up tables and chairs in an open area outdoors, with each table and chair at least two metres away from each other to allow for additional Project Site Visitors to eat at the same time as those who are eating inside the kitchen at that time (if such a procedure is implemented, there should only be one person at a table at any given time).
10. Plastic utensils and paper plates are used at all mealtimes, and hand sanitizer is available in all eating areas.
11. Handwashing stations (either permanent or portable stations) with soap and water are made available throughout each project site, including immediately outside or inside all buildings within which Project Site Visitors are working or eating food.
12. Any vehicles transporting Project Site Visitors on a project site are limited to a capacity of two (2) persons – the driver and a passenger, with the passenger required to sit in the back seat, on the opposite side to the driver.
13. If necessary, “work pods” are established whereby the same four (4) Project Site Visitors travel in a vehicle whilst on a project site, and take their meals together (whilst Physical Distancing), for the duration of their work rotation at the project, with a current list of all work pods being maintained at all times.



Procedures for Allowing Company Personnel and External Parties to Attend a Project Site

General

The following general procedures apply to **ALL** of the Company's mineral projects in Canada, and shall be carried out **each time** a Project Site Visitor is required to attend a project site:

1. Each COVID-19 Health & Safety Leader, or his or her designate, shall provide a questionnaire (the "**COVID-19 Questionnaire**") to any Company Person or External Party who wishes to access the mineral project site for any reason whatsoever (each, a "**Project Site Visitor**") – the COVID-19 Questionnaire must be completed by the Project Site Visitor and returned to the Company prior to the Project Site Visitor being permitted to enter the project site.
2. The COVID-19 Health & Safety Leader, or his or her designate, shall review each COVID-19 Questionnaire – if the answer to any question on the COVID-19 Questionnaire is "YES", the Project Site Visitor must be refused entry to the project site, and must be advised to return home and self-isolate for 14 days.
3. If a Project Site Visitor answers "NO" to all questions on the COVID-19 Questionnaire, the COVID-19 Health & Safety Leader, or his or her designate, must take the temperature of the Project Site Visitor before allowing him/her access to the project site. If the Project Site Visitor's temperature is 37.5°C or above, the Project Site Visitor must be refused entry to the project site, and must be advised to return home and self-isolate for 14 days.
4. If a Project Site Visitor answers "NO" to all questions on the COVID-19 Questionnaire and his/her temperature is below 37.5°C, the COVID-19 Health & Safety Leader shall allow the Project Site Visitor to access the project site provided that the Project Site Visitor reads this Policy and signs and returns to the COVID-19 Health & Safety Leader the acknowledgement page at the end of this Policy.

Springpole and Hope Brook

In addition to the above "General" procedures, the following specific procedures shall apply to all Project Site Visitors to the Company's Springpole gold project and Hope Brook gold project, and shall be carried out **each time** a Project Site Visitor is required to attend either of these projects:

1. If a Project Site Visitor has answered "NO" to all questions in the COVID-19 Questionnaire, the COVID-19 Health & Safety Leader must take the temperature of the Project Site Visitor before the Project Site Visitor is permitted to board any airplane/helicopter that will transport the Project Site Visitor to the project (if the Project Site Visitor's temperature is 37.5°C or above, the Project Site Visitor must not



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be allowed to board the airplane/helicopter/boat, and must be advised to return home and self-isolate for 14 days).

2. All Project Site Visitors **must** wear a cloth face mask at a minimum (or ideally a surgical face mask, if available) and disposable or rubber gloves for the duration of any flight to or from the Springpole project and the Hole Brook project.
3. The number of passengers on each airplane/helicopter/boat transporting a Project Site Visitor to and from the Springpole project or Hope Brook project, as applicable, should be reduced by 25% in order to promote Physical Distancing during travel.
4. Each Project Site Visitor must adhere to the rules and policies of the transportation provider in relation to COVID-19.

Procedures to be Followed Whilst Working at a Project Site

In addition to following the steps listed under the heading “Everyday Precautions” in this Policy (which, for ease of reference, are repeated below), all Project Site Visitors must adhere to the following risk mitigation measures whilst working at any of the Company’s project sites:

1. **Wash your hands regularly** with soap and water for ***at least 30 seconds*** – if you do not have access to hand-washing facilities, use **alcohol-based hand sanitizer** that has at least 60% alcohol content.
2. Practice **Physical Distancing**.
3. Sneeze and cough ***into your sleeve***.
4. **Avoid touching** your eyes, nose or mouth.
5. **Avoid** shaking hands.
6. Wear a cloth face mask (or ideally a surgical face mask, if available) and disposable or rubber gloves **at all times** when working at a project site.
7. Regularly **sanitize and disinfect** your tools and your living quarters.
8. **Immediately** inform your supervisor or the COVID-19 Health & Safety Leader at the project site if you start experiencing symptoms of **any illness whatsoever** whilst at the project.
9. If you feel that there are too many people in the area you are in – **LEAVE** that area in order to achieve Physical Distancing.
10. Do not enter a vehicle whilst on the project site if there are already a total of two (2) people in the vehicle unless they are part of your work pod – **WAIT** for the next ride.
11. Disembark the vehicle one at a time, allowing enough time for the person before you to disembark and move away from the vehicle before you disembark.

Procedures for Managing Individuals with Suspected COVID-19 Infections at a Project Site

General

The following general procedures apply to **ALL** of the Company’s mineral projects in Canada,



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and shall be carried out by the COVID-19 Health & Safety Leader **each time** a Project Site Visitor displays any symptoms of COVID-19 whilst at a project site (a “**Suspected COVID-19 Patient**”):

1. The Suspected COVID-19 Patient **MUST immediately** be isolated from everyone else at the project site and moved to the Dedicated Isolation Area.
2. The Suspected COVID-19 Patient **MUST** be required to complete the online self-screening test by going to <https://covid-19.ontario.ca/self-assessment>
3. The Northwestern Health Unit **MUST** be contacted immediately to notify them of a potential COVID-19 case at a project site and to seek their advice – the telephone number is 807.468.3147 (after hours number is 807.468.7109). Alternatively, Telehealth Ontario may be contacted at 1.866.797.000 for further advice.
4. Food, drinks and medicine for the Suspected COVID-19 Patient **MUST** be brought to the Dedicated Isolation Area and left outside the door by another person who must wear a cloth face mask (or ideally a surgical mask), disposable or rubber gloves, and if possible, a face screen.
5. Whilst in isolation, the Suspected COVID-19 Patient must keep a daily log of his/her symptoms, including a record of his/her temperature.
6. The living quarters of Suspected COVID-19 Patients must be thoroughly cleaned and disinfected, and the linens used by such a person must be thoroughly washed and disinfected.
7. Any person who had shared living quarters with the Suspected COVID-19 Patient must self-isolate in his or her existing quarters for at least 14 calendar days (with no other persons to share such quarters during this period).
8. A pulse oximeter should be used to monitor the blood oxygen levels of the Suspected COVID-19 Patient.
9. If the project is readily accessible by road, arrangements shall be made to transport the Suspected COVID-19 Patient home, either by ambulance or by a large vehicle that contains only the driver and the Suspected COVID-19 Patient sitting at the back of the vehicle (in this circumstance, the driver must wear a cloth face mask, disposable or rubber gloves, and if possible, a face screen).

If two or more Suspected COVID-19 Patients appear within a 12-day period, the COVID-19 Health & Safety Leader must inform the Northwestern Health Unit or other relevant public health authority that there is a potential COVID-19 outbreak at the project and must make arrangements for all Project Site Visitors to safely return home immediately to self-isolate and monitor themselves for symptoms for at least 14 days.



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Springpole and Hope Brook

In addition to the above “General” procedures, the following specific procedures shall apply if there is a Suspected COVID-19 Patient at either the Company’s Springpole project or Hope Brook project:

1. Arrangements should be made to evacuate the Suspected COVID-19 Patient from the project **immediately** via airplane/helicopter/boat (as applicable), and the pilot/captain should be informed of the situation and required to wear a cloth face mask and gloves.
2. During the evacuation of the Suspected COVID-19 Patient, the rules and policies of the transportation provider in relation to COVID-19 must be adhered to at all times.

Goldlund

In addition to the above “General” procedures, the following specific procedures shall apply if there is a Suspected COVID-19 Patient at the Company’s Goldlund gold project:

1. If the Suspected COVID-19 Patient is located at the Donnelly lodge at the time, arrangements shall be made to return the person to his/her home for self-isolation purposes, or if possible, for the Suspected COVID-19 Patient to isolate at the Donnelly lodge. In the event of the latter, the Company and the Suspected COVID-19 Patient shall comply with the rules and policies of the Donnelly lodge with respect to COVID-19.



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SCHEDULE “A”

PRE-TRAVEL CHECKLIST

An official global travel advisory is in place from the Government of Canada to avoid non-essential travel due to the COVID-19 pandemic. However, if any Company Personnel has an essential trip that must be taken for the purposes of Company business, follow this checklist to ensure you’re ready for your trip.

Get informed about your destination

Research entry/exit requirements, visas, laws, customs, medical care, road safety, etc. in the countries you will be visiting. Write down contact details for your nearest embassy or consulate to carry with you in case of emergency while traveling.

Assess the risks of traveling abroad. Read Travel Alerts for your destination and check your local embassy or consulate website for the latest security messages. A good source of information is the Government of Canada.

Assess the health risks of traveling abroad by staying up to date on current events and by checking in on the [WHO’s website](#) or the [CDC’s Guide for Travelers](#).

Before going abroad, notify your banks and credit cards of your travel and check exchange rates.

Effective as of April 20, 2020, Transport Canada announced new measures requiring all air passengers in Canada to have a non-medical mask or facecovering to cover their mouth and nose during travel and at Canadian airports.

Consent for Travel with Minors – If you are traveling alone with children, foreign border officials may require custody documents or notarized written consent from the other parent. Check with the embassy of your foreign destination before traveling.

International Driving Permit – Rules vary worldwide as to what documentation you may need when renting a vehicle. However, most countries accept an International Driving Permit (IDP). You may also need supplemental auto insurance. Do your due diligence before renting a vehicle abroad.

Get required documents

Safeguard your documents! Make two copies of all your travel documents in case of emergency. Leave one copy with a trusted friend or relative at home and carry the other separately from your original documents. To help prevent theft, do not carry your passport in your back pocket, and keep it separate from your money.

Get required documents *(continued)*

- Passport – Apply several months in advance for a new passport. If you already have one, it should be valid for at least six months after you return home and have two or more blank pages, depending on your destination. Otherwise, some countries may not let you enter.
- Visas – You may need to get a visa before you travel to a foreign destination. Contact the embassy of the countries you will be visiting for more information or go to CIBTvisas.com.
- Prescriptions – Get a letter from your doctor for medications you are bringing. Some countries have strict laws, even against over-the-counter medications, so check with the embassy of your destination before traveling.
- Consent for Travel with Minors – If you are traveling alone with children, foreign border officials may require custody documents or notarized written consent from the other parent. Check with the embassy of your foreign destination before traveling.
- International Driving Permit – Rules vary worldwide as to what documentation you may need when renting a vehicle. However, most countries accept an International Driving Permit (IDP). You may also need supplemental auto insurance. Do your due diligence before renting a vehicle abroad.

Get insured

- Many foreign medical facilities and providers require cash payment up front and do not accept some forms

Get insured *(continued)*

- of insurance. Check your health care policy to see if it will cover you overseas. If not, consider buying supplemental insurance. Make sure the insurance you purchase covers any special medical needs or risks you anticipate on your trip.
- Evacuation for medical treatment or to leave a crisis area in another country can cost more than \$100,000. Consider purchasing insurance in case of an emergency abroad and carefully check for any exclusions around epidemics and pandemics like COVID-19.

During your trip

- Avoid large crowds.
- Avoid contact with sick people.
- Be aware of the local situation and follow the local public health advice.
- Wash your hands often with soap under warm running water for at least 30 seconds. Use alcohol-based hand sanitizer if soap and water are not available and always keep some with you when you travel.
- Practice proper cough and sneeze etiquette.
- Wear a mask if recommended by the local authority or airline on which you will be travelling.
- Have a quarantine plan in place on your arrival for both your destination and on upon your return to Canada.

IF YOU ARE FEELING UNWELL, PLEASE DO NOT TRAVEL – STAY AT HOME!



FIRST MINING GOLD

SCHEDULE "B"

ACKNOWLEDGEMENT REGARDING COVID-19 RISK MITIGATION POLICY

I, _____, a _____
(Name) *(Title, i.e. Employee, Consultant)*

of First Mining Gold Corp. (the "**Company**"), hereby acknowledge that I have received and read a copy of the COVID-19 Risk Mitigation Policy (the "**Policy**") of the Company. I understand the contents of the Policy and I agree to respect the terms of the Policy and its intent at all times.

As applicable, I agree that all members of my family, all other persons who reside with me, all holding companies and other related entities over which I exert control, and all persons or companies acting on behalf of or at my request, are expected to comply with the Policy.

By: _____
(Signature)

Date: _____

Name: _____
(Please print)